



# INGREDIENT & NUTRITION GUIDE

## bakery display case - baked goods & fresh donuts

Dear Valued Customer,

We invite you to use this Guide for SuperMom's bakery items to make informed dietary choices that are right for you. Whether you are monitoring calories, fat, cholesterol, sodium, carbohydrates or protein, you will find what you need in order to make informed selections that fit into your lifestyle.

Nutrient values presented in this guide are based on a computerized program designed to analyze standardized formulas using data we obtain from our suppliers and national nutrient databases. Product data is reviewed periodically and is current as 12/27/2018. Product information listed on this guide represents standard menu items only and is subject to change without prior notice.

<b>Baked Goods</b>	<b>Serving Size</b>	<b>Calories</b>	<b>Fat Cal.</b>	<b>Total Fat</b>	<b>Sat. Fat</b>	<b>Trans Fat</b>	<b>Cholest.</b>	<b>Sodium</b>	<b>Total Carb.</b>	<b>Fiber</b>	<b>Sugars</b>	<b>Protein</b>
Cinnamon Roll, Super Cinn-a-Mom's	1 pastry (170g)	560	120	13g	4.5g	0g	25mg	610mg	102g	3g	57g	9g
Cookie, Iced Brownie	1 cookie (78g)	330*	70	8g	3.5g	0g	5mg	170mg	62g	2g	45g	3g
Cookie, Candy	1 cookie (64g)	330	130	15g	7g	0g	25mg	100mg	46g	1g	32g	3g
Cookie, Chocolate Chip	1 cookie (64g)	300	140	15g	7g	0g	20mg	210mg	40g	1g	25g	3g
Cookie, Oatmeal Raisin	1 cookie (57g)	270	130	14g	6g	0g	20mg	110mg	34g	2g	18g	4g
Cookie, Sprinkle	1 cookie (71g)	340	120	13g	6g	0g	15mg	320mg	53g	0g	35g	2g
Danish, Cream Cheese	1 pastry (99g)	390	190	21g	11g	1g	35mg	490mg	45g	2g	22g	6g
Danish, Fruit	1 pastry (99g)	370	130	15g	7g	0.5g	15mg	440mg	53g	2g	30g	5g
Muffin, Banana Walnut	1 muffin (156g)	680	330	38g	7g	0g	105mg	560mg	75g	2g	42g	8g
Muffin, Blueberry	1 muffin (156g)	640	310	35g	7g	0g	105mg	560mg	73g	2g	41g	7g
Muffin, Chocolate Chip	1 muffin (156g)	680	330	37g	9g	0g	105mg	550mg	78g	2g	46g	8g
Muffin, Chocolate	1 muffin (163g)	680	330	37g	9g	0g	105mg	530mg	82g	4g	52g	9g
Muffin, Turtle Sundae (Pecans)	1 muffin (156g)	710*	350	40g	10g	0g	85mg	530mg	75g	2g	54g	8g
Strudel, Apple	1 pastry (99g)	360	160	18g	9g	0g	0mg	220mg	45g	1g	16g	4g
<b>Fresh Donuts</b>	<b>Serving Size</b>	<b>Calories</b>	<b>Fat Cal.</b>	<b>Total Fat</b>	<b>Sat. Fat</b>	<b>Trans Fat</b>	<b>Cholest.</b>	<b>Sodium</b>	<b>Total Carb.</b>	<b>Fiber</b>	<b>Sugars</b>	<b>Protein</b>
Apple Fritter	1 donut (92g)	320	130	14g	6g	0g	0mg	230mg	44g	2g	20g	4g
Bismarck, Bavarian Crème	1 donut (120g)	400	140	16g	6g	0g	0mg	360mg	60g	1g	29g	5g
Bismarck, Raspberry	1 donut (120g)	410	140	16g	6g	0g	0mg	360mg	63g	1g	31g	5g
Cake Donut, Chocolate	1 donut (71g)	270	100	12g	5g	0g	10mg	390mg	39g	1g	21g	3g
Cake Donut, Plain	1 donut (50g)	240	110	13g	5g	0g	25mg	300mg	28g	1g	10g	4g
Old Fashion Donut, Blueberry	1 donut (92g)	360	120	14g	5g	0g	15mg	350mg	56g	1g	35g	3g
Old Fashion Donut, Chocolate	1 donut (85g)	330	120	13g	5g	0g	15mg	400mg	50g	1g	29g	4g
Old Fashion Donut, Glazed	1 donut (85g)	340	110	13g	5g	0g	20mg	360mg	52g	1g	30g	4g
Old Fashion Donut, Iced Chocolate	1 donut (92g)	360	120	13g	5g	0g	20mg	360mg	58g	1g	34g	4g
Old Fashion Donut, Plain	1 donut (71g)	270	110	13g	5g	0g	20mg	350mg	35g	1g	13g	4g
Persian, Apple	1 donut (92g)	340	130	15g	6g	0g	0mg	270mg	49g	2g	20g	4g
Persian, Maple	1 donut (92g)	350	120	14g	5g	0g	0mg	270mg	52g	2g	23g	4g
Ring Donut, Chocolate Iced	1 donut (78g)	310	110	13g	6g	0g	0mg	260mg	46g	1g	23g	4g
Ring Donut, Glazed	1 donut (71g)	300	120	14g	6g	0g	0mg	290mg	39g	1g	13g	4g
Ring Donut, Sprinkle	1 donut (78g)	330	130	14g	6g	0g	0mg	290mg	45g	1g	19g	4g

**\*2,000 calories a day is used for general nutrition advice, but calorie needs vary\***

## BAKED GOODS

### APPLE STRUDEL

**INGREDIENTS:** PUFF PASTRY (ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], MARGARINE [PALM OIL, PALM KERNEL OIL, SOYBEAN OIL, WATER, SALT, MONO- & DIGLYCERIDES, POLYGLYCEROL ESTERS, SOY LECITHIN, CALCIUM DISODIUM EDTA [TO PRESERVE FRESHNESS], VITAMIN A PALMITATE, WATER, CONTAINS 2% OR LESS OF: MONOCALCIUM PHOSPHATE, SALT, NONFAT MILK, WHOLE EGGS, WHEAT STARCH, ANNATTO & TURMERIC [COLOR]], **APPLE FILLING WITH NATURAL FLAVOR** (WATER, HIGH FRUCTOSE CORN SYRUP, APPLES [PRESERVED WITH SODIUM SULFITE], SUGAR, FOOD STARCH-MODIFIED, CORN SYRUP, CONTAINS LESS THAN 2% OF: CITRIC ACID, SODIUM BENZOATE & POTASSIUM SORBATE [PRESERVATIVES], SALT, NATURAL FLAVOR, SPICE), SUGAR.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### CREAM CHEESE OR FRUIT DANISH

NATURALLY & ARTIFICIALLY FLAVORED

**INGREDIENTS:** FILLING (IF CREAM CHEESE: CREAM CHEESE (PASTEURIZED MILK & CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), WATER, SUGAR, FOOD STARCH-MODIFIED, CORN SYRUP, CONTAINS LESS THAN 2% OF: POTASSIUM SORBATE & BENZOIC ACID & SODIUM PROPIONATE (PRESERVATIVES), SALT, LACTIC ACID, TITANIUM DIOXIDE [COLOR]), GLUCONO DELTA-LACTONE, PROPYLENE GLYCOL, NATURAL & ARTIFICIAL FLAVOR, POLYSORBATE 80, SODIUM CITRATE, GELLAN GUM, GLYCERIN, YELLOW 5, YELLOW 6, CARAMEL COLOR), (IF FRUIT, NATURAL & ARTIFICIAL RASPBERRY: HIGH FRUCTOSE CORN SYRUP, WATER, RED RASPBERRIES, SUGAR, FOOD STARCH-MODIFIED, CITRIC ACID, SODIUM CITRATE, SALT, POTASSIUM SORBATE & SODIUM BENZOATE (PRESERVATIVES), GELLAN GUM, RED 40, BLUE 1, NATURAL & ARTIFICIAL FLAVOR), **ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, MALTED BARLEY FLOUR, IRON, NIACIN, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), **WATER, WHOLE EGGS, SUGAR, POWDERED SUGAR** (SUGAR, CORN STARCH), **YEAST, DEXTROSE, MARGARINE** (SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL, WATER, SALT, MONO- & DIGLYCERIDES, ANNATTO & TURMERIC [COLOR]), CALCIUM DISODIUM EDTA [PRESERVATIVE], ARTIFICIAL BUTTER FLAVOR, VITAMIN A PALMITATE ADDED), **CONTAINS 2% OR LESS OF:** NONFAT MILK, WHOLE EGGS, POTATO FLOUR, CALCIUM CARBONATE, CALCIUM SULFATE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONO- & DIGLYCERIDES, CITRIC ACID, SALT, BAKING SODA, SODIUM ACID PYROPHOSPHATE, SOYBEAN OIL, NATURAL & ARTIFICIAL FLAVORS, NATURAL & ARTIFICIAL FLAVOR, ETHYL ALCOHOL, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, ENZYMES, SUNFLOWER OIL, SOY LECITHIN, ANNATTO & TURMERIC [COLOR], INTERESTERIFIED SOYBEAN OIL, CORN SYRUP SOLIDS, CALCIUM & SODIUM PROPIONATE (PRESERVATIVE).  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### SUPER CINNAMON ROLL

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **WATER, POWDERED SUGAR** (SUGAR, CORN STARCH), **SUGAR, PALM & SOYBEAN OIL, DEXTROSE, CONTAINS 2% OR LESS OF:** CINNAMON, YEAST, WHOLE EGGS, WHEAT STARCH, MONO- & DIGLYCERIDES, BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, SALT, BETA-CAROTENE [COLOR], CITRIC ACID, POTATO FLOUR, SODIUM PROPIONATE & POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), SODIUM STEAROYL LACTYLATE, SOY FLOUR, VITAL WHEAT GLUTEN, WHEY (MILK), MODIFIED FOOD STARCH, DEFAATTED SOY FLOUR, PROPYLENE GLYCOL ESTERS, SODIUM ALUMINUM PHOSPHATE, CALCIUM CARBONATE, CALCIUM SULFATE, AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, INTERESTERIFIED SOYBEAN OIL, ANNATTO & TURMERIC [COLOR], CALCIUM DISODIUM EDTA (PRESERVATIVE), NATURAL & ARTIFICIAL FLAVORS (ETHYL ALCOHOL), SOY LECITHIN, COTTONSEED STEARINE FLAKE & TBHQ AS AN ANTIOXIDANT, GLYCERIN, CORN SYRUP.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### CANDY COOKIE

**INGREDIENTS:** MILK CHOCOLATE CANDIES (MILK CHOCOLATE [SUGAR, CHOCOLATE, SKIM MILK, COCOA BUTTER, LACTOSE, MILKFAT, SOY LECITHIN, SALT, ARTIFICIAL & NATURAL FLAVORS], SUGAR, CORN STARCH, CONTAINS LESS THAN 1% OF: CORN SYRUP, DEXTRIN, COLORING [INCLUDES BLUE 1 LAKE, YELLOW 6, RED 40, YELLOW 5, BLUE 1, RED 40 LAKE, BLUE 2 LAKE, YELLOW 6 LAKE, YELLOW 5 LAKE, BLUE 2], CARNAUBA WAX, GUM ACA(CIA)), **LIGHT BROWN SUGAR, BLEACHED WHEAT FLOUR &/OR ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **INTERESTERIFIED SOYBEAN OIL, WHOLE EGGS, MODIFIED FOOD STARCH, CORN SYRUP, CONTAINS 2% OR LESS OF:** INVERT SYRUP, DEXTROSE, NATURAL & ARTIFICIAL FLAVORS (CORN STARCH, WATER, ETHYL ALCOHOL), SALT, SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE. **CONTAINS: WHEAT, EGG, MILK & SOY.**

### SPRINKLE COOKIE

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **POWDERED SUGAR (SUGAR, CORN STARCH), SUGAR, INTERESTERIFIED SOYBEAN OIL, MARGARINE** (INTERESTERIFIED SOYBEAN OIL, WATER, SALT, MONO- & DIGLYCERIDES, ANNATTO & TURMERIC [COLOR]), CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR, VITAMIN A PALMITATE ADDED), **VEGETABLE SHORTENING** (PALM & CANOLA OIL, MONO- & DIGLYCERIDES, POLYSORBATE 60), **WATER, WHOLE EGGS, CONTAINS 2% OR LESS OF:** CALCIUM CARBONATE, CALCIUM SULFATE, DEXTROSE, AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, CORN SYRUP, NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, ARTIFICIAL COLOR, GLYCERIN, NATURAL & ARTIFICIAL FLAVOR (ETHYL ALCOHOL), GUAR GUM, PHOSPHORIC ACID, SORBITOL, POTASSIUM SORBATE & SODIUM BENZOATE & SODIUM PROPIONATE (PRESERVATIVES), HYDROGEANTED PALM KERNEL OIL, MODIFIED CORN STARCH, SOY LECITHIN, GUM ARABIC, CONFECTIONER'S GLAZE, CARNAUBA WAX, DEXTROSE, CONTAINS ONE OR MORE OF THE FOLLOWING: BLUE 1, BLUE 1 LAKE, GREEN 3, RED 3, RED 40, RED 40 LAKE, YELLOW 5, YELLOW 5 LAKE, YELLOW 6, YELLOW 6 LAKE.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### BANANA NUT MUFFIN

NATURALLY & ARTIFICIALLY FLAVORED

**INGREDIENTS:** SUGAR, **ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), **SOYBEAN OIL, WHOLE EGGS, WATER, DEXTROSE ACIDIFIED BANANA PUREE** (BANANAS, CITRIC ACID & ASCORBIC ACID), **WALNUTS** (MAY CONTAIN BHA & TBHQ TO PRESERVE FRESHNESS), **FOOD STARCH-MODIFIED, DEFAATTED SOY FLOUR, CONTAINS LESS THAN 2% OF:** SALT, CANOLA OIL, NONFAT DRY MILK, SOY FLOUR, POTATO STARCH, BAKING SODA, ACIDIC SODIUM ALUMINUM PHOSPHATE WITH ALUMINIUM SULFATE, CORN OIL, NATURAL & ARTIFICIAL BANANA FLAVOR (DEXTROSE, CORN STARCH, TRICALCIUM ADDED TO PREVENT CAKING, ETHYL ALCOHOL), XANTHAN GUM, ASCORBIC ACID (DOUGH CONDITIONER), SODIUM STEAROYL LACTYLATE, CITRIC ACID, MALTODEXTRIN, MONO- & DIGLYCERIDES, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), DEFAATTED SOY FLOUR, PROPYLENE GLYCOL MONOESTERS, FERROUS SULFATE, MINERAL OIL, SOY LECITHIN, SILICON DIOXIDE (TO PREVENT CAKING), ENZYMES, MALTODEXTRIN, POTATO STARCH.  
**CONTAINS: WHEAT, EGG, MILK, SOY & TREE NUTS (WALNUTS).**

### BLUEBERRY MUFFIN

NATURALLY & ARTIFICIALLY FLAVORED

**INGREDIENTS:** SUGAR, **ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), **SOYBEAN OIL, WHOLE EGGS, WATER, BLEBERRIES, FOOD STARCH-MODIFIED, DEFAATTED SOY FLOUR, CONTAINS LESS THAN 2% OF:** SALT, CANOLA OIL, NONFAT DRY MILK, SOY FLOUR, POTATO STARCH, BAKING SODA, ACIDIC SODIUM ALUMINUM PHOSPHATE WITH ALUMINIUM SULFATE, CORN OIL, NATURAL & ARTIFICIAL BLUEBERRY FLAVOR, XANTHAN GUM, ASCORBIC ACID (DOUGH CONDITIONER), SODIUM STEAROYL LACTYLATE, CITRIC ACID, MALTODEXTRIN, MONO- & DIGLYCERIDES, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), DEFAATTED SOY FLOUR, PROPYLENE GLYCOL MONOESTERS, FERROUS SULFATE, MINERAL OIL, SOY LECITHIN, SILICON DIOXIDE (TO PREVENT CAKING), ENZYMES, MALTODEXTRIN, POTATO STARCH.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### CHOCOLATE CHIP MUFFIN

**INGREDIENTS:** SUGAR, **ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), **SOYBEAN OIL, WHOLE EGGS, WATER, CHOCOLATE CHIPS** (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR), **FOOD STARCH-MODIFIED, DEFAATTED SOY FLOUR, CONTAINS LESS THAN 2% OF:** SALT, CANOLA OIL, NONFAT DRY MILK, SOY FLOUR, POTATO STARCH, BAKING SODA, ACIDIC SODIUM ALUMINUM PHOSPHATE WITH ALUMINIUM SULFATE, CORN OIL, XANTHAN GUM, ASCORBIC ACID (DOUGH CONDITIONER), SODIUM STEAROYL LACTYLATE, CITRIC ACID, MALTODEXTRIN, MONO- & DIGLYCERIDES, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), PROPYLENE GLYCOL MONOESTERS, FERROUS SULFATE, MINERAL OIL, SOY LECITHIN, SILICON DIOXIDE (TO PREVENT CAKING), ENZYMES.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

## FRESH DONUTS

### APPLE FRITTER

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **DICED APPLES** (APPLES, WATER, ASCORBIC &/OR ERYTHORBIC ACID [PRESERVATIVE], CITRIC ACID [PRESERVATIVE], SALT), **WATER, INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **POWDERED SUGAR** (SUGAR, CORN STARCH), **WHEAT FLOUR, SUGAR, SOYBEAN OIL, BLEACHED WHEAT FLOUR, CINNAMON, CONTAINS 2% OR LESS OF:** DEXTROSE, YEAST, WHEAT FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, BAKING SODA, WHOLE EGGS, CORN OIL, WHEY, SOY FLOUR, ASCORBIC ACID & AZODICARBONAMIDE (DOUGH CONDITIONERS), SODIUM STEAROYL LACTYLATE, MODIFIED CORN STARCH, HIGH FRUCTOSE CORN SYRUP, GLYCERIN, MONO- & DIGLYCERIDES, NATURAL & ARTIFICIAL FLAVORS, ETHYL ALCOHOL, CORN STARCH, BETA CAROTENE (COLOR), ALPHA TOCOPHEROLS AS PRESERVATIVE, CALCIUM CARBONATE, CALCIUM SULFATE, AMMONIUM SULFATE, DATEM, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONOGLYCERIDES, ENZYMES, SODIUM PROPIONATE (PRESERVATIVE), ENZYMES, L-CYSTEINE HYDROCHLORIDE, CORN SYRUP SOLIDS, SULFITES.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### APPLE PERSIAN

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **WATER, POWDERED SUGAR** (SUGAR, CORN STARCH), **INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **WHEAT FLOUR, SOYBEAN OIL, SUGAR, APPLES** (SODIUM SULFITE ADDED AS A PRESERVATIVE), **DEXTROSE, CONTAINS 2% OR LESS OF:** SALT, CINNAMON, YEAST, CORN OIL, WHOLE EGGS, SODIUM ACID PYROPHOSPHATE, BAKING SODA, WHEY, NATURAL & ARTIFICIAL FLAVORS (INCLUDING APPLE), ETHYL ALCOHOL, TRICALCIUM PHOSPHATE (ANTI-CAKING AGENT), ENZYMES, HIGH FRUCTOSE CORN SYRUP, CORN STARCH, BETA CAROTENE (COLOR), ALPHA TOCOPHEROLS AS PRESERVATIVE, ASCORBIC ACID & AZODICARBONAMIDE (DOUGH CONDITIONERS), MONO- & DIGLYCERIDES, BLEACHED WHEAT FLOUR, DATEM, SODIUM HEXAMETAPHOSPHATE, CALCIUM CARBONATE, CALCIUM SULFATE, AMMONIUM SULFATE, CITRIC ACID, L-CYSTEINE HYDROCHLORIDE, AGAR-AGAR, GUAR GUM, GLYCERIN, CORN SYRUP, SODIUM PROPIONATE & BENZOIC ACID & POTASSIUM SORBATE & SODIUM BENZOATE & SODIUM ERYTHORBATE & SODIUM METABISULFITE (TO PRESERVE FRESHNESS), SOY FLOUR, MODIFIED CORN STARCH, SODIUM STEAROYL LACTYLATE, SULFITES.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### MAPLE PERSIAN

NATURALLY & ARTIFICIALLY FLAVORED

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **WATER, POWDERED SUGAR** (SUGAR, CORN STARCH), **INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **WHEAT FLOUR, SUGAR, SOYBEAN OIL, DEXTROSE, CONTAINS 2% OR LESS OF:** WHOLE EGGS, CINNAMON, YEAST, SALT, BLEACHED WHEAT FLOUR, SOY FLOUR, NATURAL & ARTIFICIAL FLAVORS (INCLUDING MAPLE), PROPYLENE GLYCOL, ETHYL ALCOHOL, ASCORBIC ACID & AZODICARBONAMIDE (DOUGH CONDITIONERS), WHEY, CORN STARCH, MONO- & DIGLYCERIDES, CORN OIL, BETA CAROTENE (COLOR), SODIUM STEAROYL LACTYLATE, SODIUM ACID PYROPHOSPHATE, BAKING SODA, ALPHA TOCOPHEROLS AS PRESERVATIVE, CALCIUM CARBONATE, CALCIUM SULFATE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, DATEM, ENZYMES, AMMONIUM SULFATE, L-CYSTEINE HYDROCHLORIDE, GLYCERIN, CORN SYRUP SOLIDS, MODIFIED CORN STARCH, SODIUM PROPIONATE (PRESERVATIVE), SULFITES.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### PLAIN CAKE DONUT

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), **WATER, SUGAR, INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **SOYBEAN OIL, DEFAATTED SOY FLOUR, EGG YOLK, NONFAT MILK, CONTAINS 2% OR LESS OF:** DEXTROSE, SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE), MONO- & DIGLYCERIDES, TOASTED WHEAT GERM, SOY LECITHIN, ENZYMES, SOY FLOUR, NATURAL & ARTIFICIAL FLAVOR, SODIUM STEAROYL LACTYLATE, CELLULOSE GUM, COLOR ADDED.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### BLUEBERRY GLAZED OLD FASHION DONUT

NATURALLY & ARTIFICIALLY FLAVORED

**INGREDIENTS:** SUGAR, **ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), **WATER, POWDERED SUGAR** (SUGAR, CORN STARCH), **INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **SOYBEAN OIL, DEXTROSE, SOY FLOUR, CONTAINS 2% OR LESS OF:** WHOLE EGGS, SALT, MODIFIED CORN STARCH, NATURAL & ARTIFICIAL FLAVORS (INCLUDING BLUEBERRY), ETHYL ALCOHOL, NONFAT DRY MILK, CORN STARCH, AGAR-AGAR, SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, CORN SYRUP, CULTURED SOUR CREAM, CULTURED BUTTERMILK, CULTURED SKIM MILK, CITRIC ACID, XANTHAN GUM, CORN CEREAL, GLYCERIN, CORN SYRUP SOLIDS, SODIUM PROPIONATE & SODIUM DIACETATE (PRESERVATIVES), MONO- & DIGLYCERIDES, CORN OIL, BETA CAROTENE (COLOR), MALTODEXTRIN, WHEY, LACTIC ACID, POTASSIUM SORBATE (PRESERVATIVE), HIGH FRUCTOSE CORN SYRUP, SORBITOL, CALCIUM CARBONATE, WHEAT STARCH, CELLULOSE GUM, ALPHA TOCOPHEROLS AS PRESERVATIVE, CALCIUM SULFATE, GUAR, SODIUM HEXAMETAPHOSPHATE, SOY LECITHIN, BLUE 1, BLUE 1 LAKE, RED 3, RED 40, YELLOW 6, SULFITES.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### YEAST RAISED DONUT (PLAIN)

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, NIACIN, REDUCED IRON & IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **WATER, INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **BLEACHED WHEAT FLOUR, SOYBEAN OIL, DEXTROSE, WHEAT FLOUR, CONTAINS 2% OR LESS OF:** YEAST, WHOLE EGG, SALT, SODIUM ACID PYROPHOSPHATE, CORN STARCH, BAKING SODA, MONO- & DIGLYCERIDES, SOY FLOUR, BETA-CAROTENE (COLOR), WHEY (MILK), SODIUM STEAROYL LACTYLATE, NATURAL & ARTIFICIAL FLAVORS, ASCORBIC ACID (DOUGH CONDITIONER).  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### BAVARIAN CRÈME FILLED BISMARCK

**INGREDIENTS:** YEAST RAISED DONUT (SEE INGREDIENTS ABOVE), **CHOCOLATE ICING** (POWDERED SUGAR [SUGAR, CORN STARCH], WATER, SUGAR, COCOA [PROCESSED WITH ALKALI], CONTAINS 2% OR LESS OF: CALCIUM CARBONATE, CALCIUM SULFATE, DEXTROSE, AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONOGLYCERIDES, SOYBEAN OIL, GLYCERIN, CORN SYRUP, MODIFIED CORN STARCH, SALT, SODIUM PROPIONATE (PRESERVATIVE)), EGG WHITES, INTERESTERIFIED SOYBEAN OIL), **BAVARIAN CRÈME FILLING** (WATER, SUGAR, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF: ARTIFICIAL FLAVOR, CARAMEL COLOR, PALM OIL, PHOSPHORIC ACID, POLYSORBATE 80, SODIUM BENZOATE & SODIUM PROPIONATE & SORBIC ACID [PRESERVATIVES], SALT, TITANIUM DIOXIDE [COLOR]), YELLOW 5, YELLOW 6).  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### RASPBERRY BISMARCK

NATURALLY & ARTIFICIALLY FLAVORED

**INGREDIENTS:** YEAST RAISED DONUT (SEE INGREDIENTS ABOVE), **ICING** (POWDERED SUGAR [SUGAR, CORN STARCH, WATER, SUGAR, CONTAINS 2% OR LESS OF: SALT, EGG WHITES, CALCIUM CARBONATE, CALCIUM SULFATE, DEXTROSE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONOGLYCERIDES, GLYCERIN, CORN SYRUP SOLIDS, MODIFIED CORN STARCH, SODIUM PROPIONATE [FOR FRESHNESS], NATURAL & ARTIFICIAL FLAVOR, ETHYL ALCOHOL, CORN STARCH), **RASPBERRY FILLING** (WATER, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, RASPBERRIES, MODIFIED FOOD STARCH, SUGAR, PROPYLENE GLYCOL, MALIC ACID, NATURAL & ARTIFICIAL FLAVORS, SODIUM BENZOATE & POTASSIUM SORBATE [PRESERVATIVES], SODIUM ALGINATE, SALT, CITRIC ACID, CARAMEL COLOR, AGAR-AGAR, RED 40).  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### CHOCOLATE CAKE DONUT

**INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), **SUGAR, WATER, INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **COCOA** (PROCESSED WITH ALKALI), **SOYBEAN OIL, DEXTROSE, CONTAINS 2% OR LESS OF:** SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINIUM SULFATE, CORN STARCH, CORN SYRUP SOLIDS, MODIFIED CORN STARCH, SODIUM PROPIONATE (PRESERVATIVE), EGG, SOY FLOUR, SALT, NONFAT MILK, WHEAT STARCH, GLYCERIN, SOY LECITHIN, WHEY, NATURAL & ARTIFICIAL FLAVOR, CELLULOSE GUM, CALCIUM CARBONATE, CALCIUM SULFATE, AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONOGLYCERIDES, CARAMEL COLOR, RED 40.  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### CHOCOLATE ICED RING

**INGREDIENTS:** YEAST RAISED DONUT (SEE INGREDIENTS ABOVE), **CHOCOLATE FLAVORED ICING** (POWDERED SUGAR [SUGAR, CORN STARCH], WATER, SUGAR, COCOA [PROCESSED WITH ALKALI], CONTAINS 2% OR LESS OF: CALCIUM CARBONATE, CALCIUM SULFATE, DEXTROSE, AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONOGLYCERIDES, SOYBEAN OIL, GLYCERIN, CORN SYRUP, MODIFIED CORN STARCH, SALT, SODIUM PROPIONATE [PRESERVATIVE]), EGG WHITES, INTERESTERIFIED SOYBEAN OIL).  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

### GLAZED RING

**INGREDIENTS:** YEAST RAISED DONUT (SEE INGREDIENTS ABOVE), **GLAZE** (POWDERED SUGAR [SUGAR, CORN STARCH], WATER, SUGAR, CONTAINS 2% OR LESS OF: CALCIUM CARBONATE, CALCIUM SULFATE, DEXTROSE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONO- & DIGLYCERIDES, NATURAL & ARTIFICIAL FLAVOR [ETHYL ALCOHOL]), CORN STARCH, MODIFIED CORN STARCH, POTASSIUM SORBATE [PRESERVATIVE], POLYSORBATE 60, CITRIC ACID, CAROB BEAN GUM, SULFITES).  
**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### CHOCOLATE CHIP COOKIE

**INGREDIENTS: BLEACHED WHEAT FLOUR &/OR ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIAICIN, REDUCED IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **LIGHT BROWN SUGAR, BITTERSWEET CHOCOLATE CHIPS** (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, ARTIFICIAL FLAVOR), **INTERESTERIFIED SOYBEAN OIL, WHOLE EGGS, CONTAINS 2% OR LESS OF: NATURAL & ARTIFICIAL FLAVORS** (DEXTROSE, CORN STARCH, WATER, ETHYL ALCOHOL), SALT, SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE, NONFAT MILK.

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### OATMEAL RAISIN COOKIE

**INGREDIENTS: LIGHT BROWN SUGAR, INTERESTERIFIED SOYBEAN OIL, ROLLED OATS, BLEACHED WHEAT FLOUR &/OR ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIAICIN, REDUCED IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **RAISINS, WHOLE EGGS, CONTAINS 2% OR LESS OF: CINNAMON, SOY LECITHIN, MODIFIED FOOD STARCH, NATURAL & ARTIFICIAL FLAVORS** (DEXTROSE, CORN STARCH, WATER, ETHYL ALCOHOL), SALT, SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE, NONFAT MILK, SUNFLOWER OIL.

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### ICED BROWNIE COOKIE

**INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIAICIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), **POWDERED SUGAR** (SUGAR, CORN STARCH), **WATER, PALM & SOYBEAN OIL, BITTERSWEET CHOCOLATE CHIPS** (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, ARTIFICIAL FLAVOR), **CORN SYRUP, COCOA** (PROCESSED WITH ALKALI), **CONTAINS 2% OR LESS OF: CARAMEL COLOR, WHOLE EGGS, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, NONFAT MILK, RED 40, SALT, SOY LECITHIN, CALCIUM CARBONATE, CALCIUM SULFATE, DEXTROSE, AGAR, GUAR GUM, INTERESTERIFIED SOYBEAN OIL, SODIUM HEXAMETAPHOSPHATE, MONOGLYCERIDES, GLYCERINE, MODIFIED CORN STARCH, SODIUM PROPIONATE (PRESERVATIVE), SULFITES.**

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### DOUBLE CHOCOLATE CHIP MUFFIN

**INGREDIENTS: SUGAR, ENRICHED FLOUR** (WHEAT FLOUR, NIAICIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), **SOYBEAN OIL, WATER, WHOLE EGGS, BITTERSWEET CHOCOLATE BAKING CHIPS** (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN, SALT, ARTIFICIAL FLAVORING ADDED), **COCOA** (PROCESSED WITH ALKALI), **MODIFIED CORN STARCH, POWDERED SUGAR** (SUGAR, CORN STARCH), **CONTAINS 2% OR LESS OF: SALT, NONFAT MILK, PROPYLENE GLYCOL MONO- & DIESTERS OF FATTY ACIDS, WHEAT GLUTEN, MONOCALCIUM PHOSPHATE, BAKING SODA, CELLULOSE GUM, NATURAL & ARTIFICIAL FLAVORS, ETHYL ALCOHOL, DEXTROSE, SOY LECITHIN, HIGH FRUCTOSE CORN SYRUP, CALCIUM CARBONATE, CALCIUM SULFATE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONO- & DIGLYCERIDES (BHT & CITRIC ACID ADDED AS PRESERVATIVES), POTASSIUM SORBATE & CALCIUM PROPIONATE & SODIUM PROPIONATE (PRESERVATIVES), ACIDIC SODIUM ALUMINUM PHOSPHATE, MALTODEXTRIN, MINERAL OIL, ENZYME, POTATO STARCH.**

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### TURTLE SUNDÆ MUFFIN TOPPED WITH PECANS

**INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, NIAICIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), **SOYBEAN & PALM OIL, WHOLE EGGS, WATER, CHOCOLATE FLAVORED BAKING CHIPS** (SUGAR, HYDROGENATED PALM KERNEL OIL, COCOA, COCOA (PROCESSED WITH ALKALI)), DEXTROSE, SOY LECITHIN), **PECANS, MODIFIED FOOD STARCH, DEFATTED SOY FLOUR, CONTAINS 2% OR LESS OF: PROPYLENE GLYCOL ESTERS, MONO- & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, POTASSIUM SORBATE & CALCIUM PROPIONATE & SODIUM PROPIONATE (PRESERVATIVES), SALT, SODIUM ALUMINUM PHOSPHATE, BAKING SODA, WHEY, CORN SYRUP, LIQUID SUGAR, SKIM MILK, BUTTER, SOY LECITHIN, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, CITRIC ACID, POLYSORBATE 60, NATURAL & ARTIFICIAL FLAVORS (ETHYL ALCOHOL), RED 40, MALTODEXTRIN, MINERAL OIL, ENZYMES, POTATO STARCH, SULFITES.**

**CONTAINS: WHEAT, EGG, MILK, SOY & TREE NUTS (PECANS).**

#### CHOCOLATE GLAZED OLD FASHION DONUT

**INGREDIENTS: ENRICHED WHEAT FLOUR** (WHEAT FLOUR, NIAICIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), **WATER, SUGAR, POWDERED SUGAR** (SUGAR, CORN STARCH), **INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **SOYBEAN OIL, COCOA** (PROCESSED WITH ALKALI), **NONFAT MILK, SOY FLOUR, CONTAINS 2% OR LESS OF: DEXTROSE, WHOLE EGGS, GLYCERIN, SALT, NATURAL & ARTIFICIAL FLAVORS, ETHYL ALCOHOL, CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MODIFIED CORN STARCH, MONO- & DIGLYCERIDES, SOY LECITHIN, AGAR — AGAR, CORN SYRUP SOLIDS, SODIUM PROPIONATE (TO PRESERVE FRESHNESS), HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, WHEY, ENZYMES, HIGH OLEIC CANOLA OIL, CALCIUM CARBONATE, CALCIUM SULFATE, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, SULFITES.**

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### GLAZED OLD FASHION DONUT

**INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, MALTED BARLEY FLOUR, NIAICIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), **WATER, SUGAR, POWDERED SUGAR** (SUGAR, CORN STARCH), **INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **SOYBEAN OIL, DEXTROSE, DRY BUTTERMILK, YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: DRY EGG YOLK, SOY FLOUR, WHEAT STARCH, SODIUM ACID PYROPHOSPHATE, BAKING SODA, SALT, SPICE, MONO- & DIGLYCERIDES, PROPYLENE GLYCOL MONO- & DIESTERS OF FATTY ACIDS, SOY LECITHIN, NATURAL & ARTIFICIAL FLAVORS, CORN STARCH, CORN OIL, BETA CAROTENE (COLOR), ALPHA TOCOPHEROLS AS PRESERVATIVE, AZODICARBONAMIDE (DOUGH CONDITIONER), CALCIUM CARBONATE, CALCIUM SULFATE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, ETHYL ALCOHOL, GLYCERIN, CORN SYRUP SOLIDS, MODIFIED CORN STARCH, SODIUM PROPIONATE (PRESERVATIVE), SULFITES.**

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### ICED CHOCOLATE OLD FASHION DONUT

**INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, MALTED BARLEY FLOUR, NIAICIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), **SUGAR, WATER, POWDERED SUGAR** (SUGAR, CORN STARCH), **INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **SOYBEAN OIL, DEXTROSE, DRY BUTTERMILK, YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: COCOA** (PROCESSED WITH ALKALI), WHOLE EGGS, SOY FLOUR, WHEAT STARCH, SODIUM ACID PYROPHOSPHATE, BAKING SODA, SALT, SPICE, MONO- & DIGLYCERIDES, PROPYLENE GLYCOL MONO- & DIESTERS OF FATTY ACIDS, SOY LECITHIN, NATURAL & ARTIFICIAL FLAVORS, CORN STARCH, CORN OIL, BETA CAROTENE (COLOR), ALPHA TOCOPHEROLS AS PRESERVATIVE, AZODICARBONAMIDE (DOUGH CONDITIONER), CALCIUM CARBONATE, CALCIUM SULFATE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, HIGH FRUCTOSE CORN SYRUP, ETHYL ALCOHOL, GLYCERIN, CORN SYRUP SOLIDS, MODIFIED CORN STARCH, SODIUM PROPIONATE (PRESERVATIVE).

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### PLAIN OLD FASHION DONUT

**INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED** (WHEAT FLOUR, MALTED BARLEY FLOUR, NIAICIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), **WATER, SUGAR, INTERESTERIFIED SOYBEAN &/OR PALM &/OR CANOLA &/OR COTTONSEED OIL WITH TBHQ** (ANTIOXIDANT), **SOYBEAN OIL, DEXTROSE, DRY BUTTERMILK, YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: DRY EGG YOLK, SOY FLOUR, WHEAT STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, SPICE, MONO- & DIGLYCERIDES, PROPYLENE GLYCOL MONO- & DIESTERS OF FATTY ACIDS, SOY LECITHIN, NATURAL & ARTIFICIAL FLAVORS, CORN STARCH, CORN OIL, BETA CAROTENE (COLOR), ALPHA TOCOPHEROLS AS PRESERVATIVE, AZODICARBONAMIDE (DOUGH CONDITIONER).**

**CONTAINS: WHEAT, EGG, MILK & SOY.**

#### SPRINKLE RING

**INGREDIENTS: YEAST RAISED DONUT (SEE INGREDIENTS ABOVE), ICING & SPRINKLES** (POWDERED SUGAR (SUGAR, CORN STARCH, WATER, SUGAR, CONTAINS 2% OR LESS OF: SALT, EGG WHITES, CALCIUM CARBONATE, CALCIUM SULFATE, DEXTROSE, AGAR-AGAR, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONOGLYCERIDES, GLYCERIN, CORN SYRUP SOLIDS, MODIFIED CORN STARCH, SODIUM PROPIONATE & POTASSIUM SORBATE (TO PRESERVE FRESHNESS), NATURAL & ARTIFICIAL FLAVOR, ETHYL ALCOHOL, CORN STARCH, GLUCOSE, CASSAVA STARCH, HUMECTANT GLYCEROL, TALC (GLAZING AGENT), SOY LECITHIN, GUM ARABIC, PALM KERNEL OIL, DEXTRIN, CONFECTIONER'S GLAZE, CARNAUBA WAX, HIGH FRUCTOSE CORN SYRUP, XANTHAN GUM, SORBITOL, CONTAINS ONE OR MORE OF THE FOLLOWING AS COLOR: YELLOW 5, YELLOW 5 LAKE, YELLOW 6, YELLOW 6 LAKE, RED 3, RED 40, RED 40 LAKE, BLUE 1, BLUE 1 LAKE, COCOA, TITANIUM DIOXIDE, POTASSIUM ALUMINUM SILICATE.

**CONTAINS: WHEAT, EGG, MILK & SOY.**

**ALLERGENS:** Federal regulations have identified 8 major food allergens, including: milk, eggs, wheat, soy, peanuts, tree nuts, fish, and crustacean shellfish. Due to the nature of a self-service display case that result in factors that are not within our control, cross-contact of allergens may occur. We encourage customers with food sensitivities, allergies, or other special dietary needs or concerns to consult with a physician prior to consuming our products.